



**2019 WESTERN AUSTRALIA
COLES STATE TRACK AND FIELD CHAMPIONSHIPS
15-17 FEB 2019, WA ATHLETICS STADIUM**

RULES & REGULATIONS

ENTRY

To compete at the 2019 Coles WA State Track & Field Championships, athletes must be a member of Athletics WA (independent or affiliated club member) or an interstate guest who is a member of the respective state association.

A Championship entry fee of \$10 is applicable, plus \$15 per event.

Entries close on Tuesday 12 February 2019 at midday WST.

LATE ENTRY

Late entries are permitted **only where a position is available** and will close 60 minutes prior to the published event start time. Late entries will incur a late entry fee of \$25 per event, in addition to the \$10 Championship entry fee.

Late entries are subject to availability and will not be accepted for events where no entries were received online prior to entries closing. Closed events (events not eligible for late entry) will be published on the Athletics WA website with the final timetable. Athletes are encouraged to not rely on late entries.

UNIFORM

All athletes must wear the correct uniform, a club athlete must compete in club uniform and independent athlete in the Athletics WA independents top or in plain white top.

All athletes must wear their 2018 - 2019 Athletics WA competition numbers. Athletes who are not wearing their official competition numbers **WILL NOT BE PERMITTED TO COMPETE**. Replacement numbers can be purchased from the TIC for \$10.

Please note competitors are **not permitted** to compete in the WA State Team uniform.

AGE GROUPS

The birth date calculation is as at 31st December 2019, as per the details below. For example, athletes who turn 14 in 2019 are considered Under 15 athletes and therefore cannot compete in Under 14 events.

Born 2007 or 2006 = U14

Born 2005 = U15

Born 2004 = U16

Born 2003 = U17

Born 2002 = U18

Born 2001 or 2000 = U20

Born 1999 or earlier = Open

An athlete can compete in only ONE UNDERAGE GROUP PLUS OPEN, for each event/discipline. They may change age groups for different event but not for the same event.

To summarise by example:

An athlete **can** compete in:

Under 16 Long Jump, Under 18 High Jump and the Open High Jump

Under 16 Long Jump, Under 16 High Jump and Open High Jump

An athlete **cannot** compete in:

Under 16 Long Jump and Under 18 Long Jump

TIMETABLE

The timetable supplied is in DRAFT form only and the FINAL Timetable will be distributed upon close of entries via Athletics WA website. Athletics WA is at liberty to alter the timetable as necessary. However, events will not change days.

MASHALLING/CHECK IN

There will be **no athlete check in or call room** in operation. Athletes are to report to the competition area at least 15 minutes prior to the starting time for track events and 20 minutes prior to the start time for field events.

Athletics WA reserves the right to combine events. Should this be necessary, competitors will be advised on the day however all efforts will be made to advise the athletes earlier.

EVENT CLASHES

If a competitor has entered a field and track event that are being conducted simultaneously the track event must take precedence. The athlete must seek leave from the field site and once competed in the track event return directly back to the field site.

The officials will make every effort to accommodate the athlete's trials within the confines of the rules.

EQUIPMENT

Equipment used for field events will be supplied by Athletics WA. However, should you wish to use personal equipment it must be checked in at least 1 hour prior to the programmed event time at the Technical Shed on the ground floor at the southern end of the grandstand (100m start line end). Athletics WA officials will take the checked equipment to the site and add it to the supplied pool of equipment. Note: Any athlete may use the equipment.

THROWS AND JUMPS

Under 14, 15, 16, 17 and 18 Divisions

In all throws and horizontal jumps there will be three (3) attempts; the best eight competitors will have a further one (1) attempt only. This rule replicates the competition format for these age groups at the Australian Junior Championships. Athletes must be present for one of the three trials (throws and jumps) to qualify for the second round of competition.

Under 20 and Open Divisions

In all throws and horizontal jumps there will be three (3) attempts; the best eight competitors will have a further three (3) attempts. Athletes must be present for the first three trials (throws and jumps) to qualify for the second round of competition.

SPIKES

The only spikes permitted for use on the track are of the Christmas Tree and Cone/Pyramid shape variety. Track spikes must not exceed 7mm and field spikes must not exceed 9mm except for javelin and high jump which must not exceed 12mm.

STARTING

Only Athletics WA blocks may be used.

Under 15, 16, 17, 18, 20 and Open Divisions

Any athlete responsible for a false start shall be disqualified. Crouch start and blocks must be used for all events up to and including 400m.

Under 14 Division

Only one false start per race shall be allowed without the disqualification of the athlete(s) responsible for the false start. Crouch start must be used and blocks are encouraged but optional.

PROGRESSION TO FINALS

In the event of a straight final due to no shows at the marshalling of the heats, finals will be run at the FINAL TIME.

Rules of Heats to Finals progression are as follows:

- 2 heats - first 3 and next 2 fastest progress
- 3 heats - first 2 and next 2 fastest progress
- 4 heats - first and next fastest 4
- 5 heats - first and next fastest 3

Eight (8) lanes will be allocated for finals but Athletics WA reserves the right to utilise available additional lanes if it considers insufficient competitors are available to activate progression table.

Pacing in any track event will not be allowed at the 2019 State Track and Field Championships.

COMPETITION ARENA

The marking of the track by chalk or by sand is not permitted under any circumstances. Electrical tape may be used, but must be removed immediately after the event

COACHES, PARENTS and SPECTATORS are not permitted on the competition area unless authorised by an official

Athletics WA retains the right to reject any entry.

PROTESTS

Any protest regarding the competition, shall in the first instance be made verbally to the appropriate referee by the athlete or by a person acting on their behalf, within 30 minutes of the official announcement of the result.

The referee will decide on the protest. When the referee makes a decision, If the athlete feels aggrieved, they may appeal to the Jury of Appeal within 30 minutes of the Referee's decision. The appeal must be in writing, on the appropriate form signed by the athlete or a responsible person on behalf of the athlete and submitted to the Competition Manager.

The protest must be accompanied by a deposit of \$50 which will be forfeited if the protest is not upheld (IAAF Rule 146).

Forms can be found at the TIC.