

## COMPETITION INFORMATION

### REGISTRATION

You must be registered with Athletics WA (AWA) before being eligible to compete. Registration is online at [www.waathletics.org.au](http://www.waathletics.org.au) and all members are encouraged to join a club.

### REGISTRATION FEES

Club members: \$45  
Independent athletes (non-club): \$50

*Please note when joining a club, the AWA affiliation fee (above) is included in the total club membership fee unless otherwise specified.*

### COMPETITION ENTRY & FEES

Competition entry is completed online each week through the Athletics WA website. Entries for weekly competition close 2-3 days prior to the competition (check the Rules and Regulations for closure periods for different days of competition). No late entries will be accepted for regular competition this season.

Club members: \$18 per competition  
Independent athletes: \$25 per competition

### STARTLISTS & TIMETABLES

A draft timetable will be released when competition entry opens. Competition start lists and final timetables will be available on the AWA website at least 8 hours before the competition.

### SCRATCHING

Athletes should make every effort to notify AWA if they are scratching prior to the start of their competition.

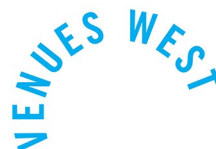
### UNIFORMS

All athletes must wear their assigned club, AWA independent or Little Athletics uniform, which must include the AWA competition number. The AWA independent uniform can be purchased through the 'Shop' section of our website.

## WITH THANKS TO OUR SUPPORTERS



Department of  
Local Government, Sport  
and Cultural Industries



The  
**Sunday Times**



ATHLETICS WA

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[waathletics.org.au](http://waathletics.org.au)



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# TRACK & FIELD

## 2018-19 CALENDAR

2018-19 ATHLETICS WA CALENDAR

2018 DATE	DAY	EVENT
OCT 28	SUN / AM	Track & Field Program A + 10km Race Walk
NOV 2-4	FRI - SUN	Go for 2&5 WA All School Championships
NOV 9	FRI / PM	Track & Field Program B (Douglas Memorial Shield Series 1)
NOV 16	FRI / PM	Track & Field Program C (Douglas Memorial Shield Series 2)  Athletics WA 10,000m State Championships
NOV 18	SUN / AM	LAWA Junior Athletics Carnival (WAAS)
NOV 25	SUN / AM	Track & Field Program D (Douglas Memorial Shield Series 3)
NOV 30	FRI / PM	Track & Field Program A
DEC 1	SAT	AWA Open State Relay Championships (held at LAWA State Track & Field Relay Championships)
DEC 2	SUN	Australian 50km Race Walking Championships (Melbourne VIC)
DEC 9	SUN / AM	Track & Field Reduced Program B
DEC 7-9	FRI - SUN	Australian All Schools Championships (Cairns QLD)
DEC 10	MON	National Nitro School Challenge (Cairns QLD)
DEC 13	THUR	2018 Australian 10,000m Championships - Zatopek:10 (Melbourne VIC)
DEC 14	FRI / PM	Track & Field Program C
DEC 20	THUR / PM	Track & Field Reduced Program D
2019		
JAN 5	SAT PM	Track & Field Program A (Douglas Memorial Shield Series 4)
JAN12	SAT AM	Track & Field Program B  Athletics WA State Combined Events Championships (Under 15 - Open) Day 1
JAN 13	SUN / AM	Athletics WA State Combined Events Championships (Under 15 - Open) Day 2
JAN 18-20	FRI - SUN	LAWA Country Championships (Albany WA)
JAN 18	FRI / PM	Track & Field Program C
JAN 23	WEDS / PM	Track & Field Program D
JAN 25	FRI / PM	Hunter Track Classic (Newcastle NSW)

2018-19 ATHLETICS WA CALENDAR

2019 DATE	DAY	EVENT
JAN 27-28	SAT - SUN	Canberra Festival of Athletics (Canberra ACT)
JAN 27	SUN	IAAF World Cross Country Selection Trials (Stromlo Forrest ACT)
JAN 28	MON	Canberra High Performance Meet (Canberra ACT)
FEB 1	FRI / PM	Track & Field Program A Athletics WA 5,000m State Championships
FEB 8	FRI / PM	Track & Field Program B + 10km State Championship walk
FEB 10	SUN	Australian 20km Race Walking Championships (Adelaide SA)
FEB 15-17	FRI - SUN	Athletics WA State Championships
FEB 23-24	SAT - SUN	LAWA Zones Championships (Various Locations)
FEB 23	SAT	Sydney Track Classic (Sydney NSW)
FEB 23	SAT / PM	Track & Field Reduced Program C Multi Events Competition - Day 1
FEB 24	SUN / AM	Multi Events Competition - Day 2
MAR 2-3	SAT - SUN	Bunbury Geographe Gift
MAR 7	THURS / PM	Track & Field Reduced Program D
MAR 8-10	FRI - SUN	LAWA State Track and Field Championships
MAR 13	WEDS / PM	Track & Field Reduced Program A
MAR 15-17	FRI - SUN	Australian Junior Combined Event Championships Under 15 - Under 18 (Hobart, TAS)
MAR 16	SAT / PM	Perth Track Classic
MAR 22	FRI / PM	Track & Field Program B
MAR 23	SAT	Queensland International Track Classic
MAR 30 - APR 7	SAT - SUN	Australian Track & Field Championships - Junior and Open (Sydney NSW)
APR 22-28	MON - SUN	Coles Australian Little Athletics Championships (Hobart, TAS)
APR 26-29	FRI - MON	Australian Masters Track & Field Championships (Melbourne VIC)
JUN 25-28	TUES - FRI	Oceania Area Championships (Townsville QLD)

TRACK PROGRAMS

PROGRAM A	
EVENT	DIVISIONS
400m Hurdles	M & W
200m Hurdles	M & W
800m	M & W
3000m or 5000m	M & W
200m	M & W
4x100m Relay	M & W

PROGRAM B	
EVENT	DIVISIONS
Walk	M & W
80/90m Hurdles	M & W
100m Hurdles	M & W
110m Hurdles	M
400m	M & W
1500m	M & W
100m	M & W
3000m Steeple	M & W

PROGRAM C	
EVENT	DIVISIONS
200m	M & W
3000m or 5000m	M & W
200m Hurdles	M & W
400m Hurdles	M & W
800m	M & W
100m	M & W

PROGRAM D	
EVENT	DIVISIONS
2000m Steeple	M & W
100m	M & W
1500m	M & W
80/90m Hurdles	M & W
100m Hurdles	M & W
110m Hurdles	M
400m	M & W

FIELD PROGRAMS

PROGRAM A	
EVENT	DIVISIONS
Seated Throws	Mixed
Shot Put	W
Javelin	M
High Jump	W - Div A
Long Jump	W
Shot Put	M
High Jump	Mixed - Div B
Javelin	W
Long Jump	M

PROGRAM B	
EVENT	DIVISIONS
Pole Vault	Div A or B
Triple Jump	W
Discus	M
High Jump	M
Discus	W
Pole Vault	Div A or B
Triple Jump	M
Hammer Throw	Mixed

PROGRAM C	
EVENT	DIVISIONS
Pole Vault	Div A or B
Seated Throws	Mixed
Shot Put	M
Javelin	W
High Jump	W
Long Jump	M
Shot Put	W
Javelin	M
Long Jump	W
Pole Vault	Div A or B

PROGRAM D	
EVENT	DIVISIONS
Pole Vault	Div A or B
Triple Jump	M
Hammer Throw	Mixed
High Jump	M - Div A
Discus	M
Pole Vault	Div A or B
Triple Jump	W
Discus	W

The timetable for the above programs will vary based on the day of competition. A draft timetable of events is available on the Athletics WA website under Participation> Competitions > 2018/19 T&F Season and a final timetable will be released prior to competition.

Please ensure you have read the Rules & Regulations prior to entry.