

**AWA 2019-20 SEASON EVENT GRID**

Date	Day	Program	60m	100m	200m	400m	800m	1500m	3000m	5000m	10km	80/90/100 /110m H	200mH	400mH	2km SC	3km SC	WALK	SP	DT	JAV	HT	Seated Throw	Long Jump	Triple Jump	High Jump	Pole Vault	HEP	DEC	
OCT 11	Fri	Strive Program A			X		X		X				X	X			3000m	W	W	M	M		X		M	Div B			
OCT 20	Sun	Strive Program B		X		X		X				X			X				M	M	W	W	X		X	W			
OCT 25	Fri	Strive Program C	X		X		X			X			X	X			5000m	W	W	M	M		X		M - Div A	Div B			
NOV 1-3	Fri	WA All Schools Championships																											
NOV 8	Fri	Strive Program D		X		X		X				X				X			M	M	W	W	X		X	W - Div A Mix - Div B			
NOV 15	Fri	Strive Program A + State 10km Championship			X		X		X		X		X	X			3000m	W	W	M	M		X		M	Div B			
NOV 23	Sat	Strive Program B + Combined Events Day 1		X		X		X				X			X				M	M	W	W	X		X	W		X	X
NOV 24	Sun	Combined Events Day 2																										X	X
NOV 29	Fri	Strive Program C	X		X		X			X			X	X			5000m	W	W	M	M		X		M - Div A	Div B			
DEC 13	Fri	Strive Program D		X		X		X				X				X			M	M	W	W	X		X	W - Div A Mix - Div B	Div A		
DEC 14	Sat	State Relay Championships (held with LAWA, featuring both track and field relays)																											
DEC 20	Fri	Strive Program A			X		X		X				X	X			3000m	W	W	M	M		X		M	Div A & B			
JAN 4	Sat	Strive Program B		X		X		X				X			X				M	M	W	W	X		X	W	Div A		
JAN 10	Fri	Strive Program C	X		X		X			X			X	X			5000m	W	W	M	M		X		M - Div A	Div B			
JAN 18	Sat	Strive Program D + WA State Combined Event Championships - Day 1		X		X		X				X				X			M	M	W	W	X		X	W - Div A Mix - Div B	Div A	X	X
JAN 19	Sun	WA State Combined Event Championships - Day 2																										X	X
JAN 22	Wed	Strive Program A			X		X		X				X	X			3000m	W	W	M	M		X		M	Div B			
FEB 1	Sat	Jandakot Airport Track Classic																											
FEB 7	Fri	Strive Program B + State 5,000m Championship		X		X		X		X		X			X				M	M	W	W	X		X	W	Div A & B		
FEB 14	Fri	Strive Program C	X		X		X			X			X	X			5000m	W	W	M	M		X		M - Div A				
FEB 21-23	Fri-Sun	Athletics WA State Championships (inc State 10km Walk)		X	X	X	X	X	X			X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	X	
FEB 26	Wed	Strive Program D		X		X		X				X				X			M	M	W	W	X		X	W - Div A Mixed - Div B			
MAR 7	Sat	Strive Program A			X		X		X				X	X			3000m	W	W	M	M		X		M	Div A & B			
MAR 11	Wed	Strive Program B		X		X		X				X			X				M	M	W	W	X		X	W			